



10th Asian Preventive Cardiology & Cardiac Rehabilitation Conference

22-24 November 2024

In Conjunction with
27th Annual Scientific Meeting of Institute
of Cardiovascular Science and Medicine
23 November 2024

Hong Kong Convention and Exhibition Centre

Host Organization

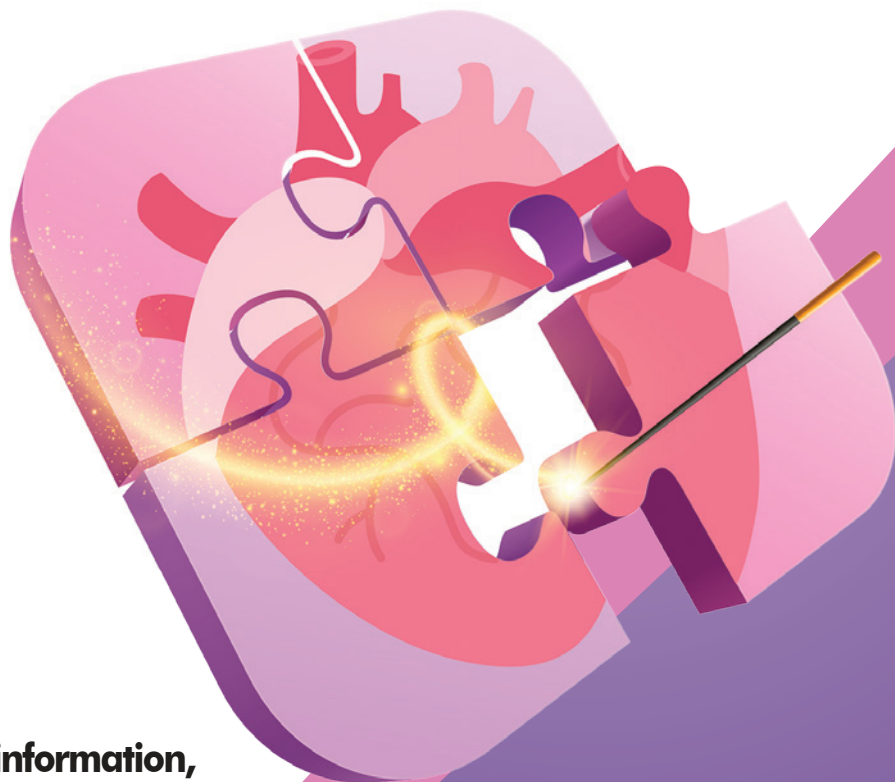


香港心臟專科學院
Hong Kong College of Cardiology

**Deadline for Abstract Submission:
16 August 2024**

**Early Bird Registration Deadline:
5 October 2024**

**The Magic of Prevention and Rehabilitation -
Can we Avoid a Cardiovascular Event?**



For up-to-date information,
please visit our website at:

<http://www.apccrc.com>

**Second Announcement
& Call for Abstracts**

Welcome Message

Cardiovascular diseases are the leading cause of death globally and are escalating in prevalence in Asia due to an adverse change in lifestyle and ageing population. Simultaneously we are seeing rapid advancement in medical technology in managing different cardiovascular diseases and their risk factors. Cardiac rehabilitation, a time-honoured and highly cost-effective therapy for almost all kinds of cardiovascular diseases, has remained under-utilized.

The Asian Preventive Cardiology and Cardiac Rehabilitation Conference (APCCRC) is a biennial regional scientific conference organized by the Hong Kong College of Cardiology. Our mission is to contribute to high-quality professional education and provide a platform for sharing of experience and research findings in the field of preventive cardiology and cardiac rehabilitation, with the ultimate aim of improving the holistic management of patients with cardiovascular diseases in Asia. This year, our conference will be held on 22-24 November 2024 at the Hong Kong Convention and Exhibition Centre and it marks the 20th Anniversary of the APCCRC. Over the past 2 decades, we are proud to see that the conference has become a well-known professional platform for colleagues working or interested in the field of preventive cardiology and cardiac rehabilitation from Hong Kong and other parts of Asia to join together and share experience with each other. Although medical professionals believe and work according to science, we do see amazing reduction in cardiovascular risks and improvement in quality of life in our patients when we can apply our knowledge in preventive cardiology and cardiac rehabilitation meticulously, it can indeed be like magic to our patients! The theme of our conference this year is therefore **“The magic of prevention and rehabilitation-can we avoid a cardiovascular event?”**.

A group of dedicated experts from Asia and other parts of the world will join hands to produce a 3-day programme which will cover a wide spectrum of topics, latest advancement and controversies in the field of cardiovascular prevention and cardiac rehabilitation. Furthermore, we will co-organize joint sessions with different professional societies. On the other hand, we will organize a full day of pre-conference workshops. New to this year, to enhance the outcome of professional education and interaction, clinical scenario-based interactive lectures and workshops with patients or patient surrogates on-stage will be organized. Last but not least, dedicated sessions on heart health education to the general public will be organized.

It is our greatest pleasure to welcome all of you to join us in this highly educational and interactive biennial conference and collaborate in the global action in reducing the burden of cardiovascular diseases. We look forward to seeing you at APCCRC 2024 in our beautiful city of Hong Kong!



Dr. Ngai-Yin CHAN
Co-Chairman, Executive Committee
10th Asian Preventive Cardiology and
Cardiac Rehabilitation Conference



Prof. Leonard Sheung-Wai LI
Co-Chairman, Executive Committee
10th Asian Preventive Cardiology and
Cardiac Rehabilitation Conference

**Co-Chairmen,
Executive Committee:**
Dr. CHAN Ngai-Yin
Prof. LI Sheung-Wai, Leonard

Honorary Advisory Board:
Dr. CHAN Kam-Tim
Dr. CHIANG Chung-Seung
Dr. KO Tak-Him, Patrick
Prof. LAU Chu-Pak
Dr. LAU Suet-Ting
Dr. LAU Yuk-Kong
Dr. LI Shu-Kin
Dr. WONG Kwok-Yiu, Chris
Prof. YU Cheuk-Man

Executive Committee:
Dr. CHAN Hiu-Lam, Ronnie
Dr. CHAN Wing-Sze, Carmen
Dr. CHENG Yuet-Wong
Dr. CHEONG Yan-Yue, Adrian Piers
Dr. CHING Shing
Ms. CHIU Sin-Hing
Dr. CHOI Man-Chun
Dr. CHOW Siu-Lun, Eddie
Dr. FUNG Chi-Yan, Raymond
Dr. KAM Ka-Ho, Kevin
Dr. KWAN Wing-Shan, Iris
Dr. LAI Tsun-Kwong, Jonathan
Dr. LI Ying-Wah, Andrew
Ms. NG Yuk-Mun
Dr. SHEA Pui-Gi, Catherine
Dr. TSANG Chun-Fung, Sunny
Prof. YIU Kai-Hang

Call for Abstracts

Participants are cordially invited to submit abstracts for oral or poster presentations. Please submit your abstracts online via the Conference website.

- **Deadline for Abstract Submission: 16 August 2024**
- Notification of acceptance will be sent to presenters by email by 20 September 2024
- All presenters must register by the end of September 2024. Your abstracts will be considered withdrawn and deleted from the programme if you fail to do so
- Please read the guidelines in the Conference website

Submit Now!



Best Paper Awards, Best Poster Award and Oral Abstract Presentation Award

All abstract submitters will be considered for the Best Paper Awards, Best Poster Award and Oral Abstract Presentation Award if their abstracts are accepted by the Scientific Programme Committee. Details of different awards are as follows:

1. Two Best Paper Awards: Abstracts accepted for oral presentations will be shortlisted for the competition of the Dr. Chu-Pak Lau Best Paper Award in Preventive Cardiology and Dr. Suet-Ting Lau Best Paper Award in Cardiac Rehabilitation. Each award winner will be given a certificate and cash prize of HK\$1,000.
2. Best Poster Award with a cash prize of HK\$1,000 and a certificate will be awarded to the top poster. A poster presentation session will be arranged during the Conference.
3. Oral Abstract Presentation Award: A certificate will be awarded to the top abstract presented during the Oral Abstract Presentation session.

Registration

The early bird registration deadline is on **5 October 2024**. We cordially invite delegates to register earlier to enjoy the early bird rates! For more registration details, please kindly visit our Conference website.

Scan for more details!



Registration Fee

Category	Early Bird Rates (On or before 5 October 2024)	Normal Rates (6 October – 21 November 2024)
Pre-conference Workshop & Conference (22-24 November 2024)		
Overseas / Local Participants	HKD2,400 (USD300)	HKD3,200 (USD400)
Conference Only (23-24 November 2024)		
Physicians	HKD800 (USD100)	HKD1,200 (USD150)
Allied professionals	HKD720 (USD90)	HKD960 (USD120)
Presenting authors	HKD400 (USD50)	HKD600 (USD75)
Medical Students*	Free	Free
Fellow / Members / Affiliates of Hong Kong College of Cardiology (HKCC)	Free	Free

The payment of registration fee will be processed in Hong Kong Dollar (HKD). United States Dollar (USD) is for reference only.

*Verification letter or valid student identity card issued by qualified institution is required to be eligible for free registration.



Preliminary Programme

22 November 2024 (Friday)	
AM	<p>Session 1</p> <p>Cardiovascular Prevention: Lifestyle Management</p> <p>Is alcohol a friend or an enemy of the heart?</p> <p>Strategies for smoking cessation-what works and what doesn't?</p> <p>Integrating dietary therapy and digital healthcare in cardiac rehabilitation</p>
Lunch	
PM	<p>Session 2</p> <p>Exercise Workshop</p> <p>Applications of cardiopulmonary exercise test in cardiac rehabilitation program: exercise prescription and beyond</p> <p>Exercise in heart failure</p> <p>Integrating Qigong in cardiac rehabilitation</p> <p>Session 3</p> <p>Return to Work After a Cardiovascular Event</p> <p>Facilitating return to work through cardiac rehabilitation</p> <p>Return to work rehabilitation by occupational therapy</p> <p>Return to professional driving after a heart attack</p> <p>Session 4</p> <p>Sports Cardiology Workshop</p> <p>Exercise for the disabled-benefits and challenges for disabled sports in Hong Kong</p> <p>Is there something as "too much exercise"? Is there a safe upper limit?</p> <p>The Asian athlete's heart: what do we know so far?</p>

23 November 2024 (Saturday)			
AM	<p>Symposium 1</p> <p>Heart Failure and Cardiomyopathy Symposium I</p>	<p>Oral Abstract Presentation</p> <p>Best Abstract Presentation</p>	
Lunch	<p>Japanese Association of Cardiac Rehabilitation @ APCCRC</p> <p>Can digital healthcare be used for psychosocial management of cardiac rehabilitation?</p> <p>Self-care intervention using mobile application to reduce cardiovascular risks</p> <p>Exhibition / e-Poster Presentation</p>		
PM	<p>Opening Ceremony</p> <p>Symposium 2</p> <p>Hong Kong Heart Foundation Symposium</p> <p>Cardiovascular risk assessment in Asian people-does one size fit all?</p> <p>Cardiac rehabilitation: novelties & controversies</p> <p>Symposium 3</p> <p>Beyond the Heart Symposium</p> <p>The triad of cardiovascular-kidney-metabolic syndrome: awareness and multidisciplinary management</p> <p>It is all about prevention in metabolic syndrome</p>	<p>Symposium 4</p> <p>Cardiac Rehabilitation Symposium: Specific Patient Subsets</p> <p>Cardiac rehabilitation in disabled children</p> <p>Cardiac rehabilitation program for cancer patients: experience in lung cancer survivors</p> <p>Integrating men health clinic for cardiac survivors</p>	<p>27th Annual Scientific Meeting of Institute of Cardiovascular Science and Medicine</p>

Preliminary Programme

24 November 2024 (Sunday)		
AM	<p>Symposium 5 Heart Failure and Cardiomyopathy Symposium II</p> <p>Symposium 6 Cardiovascular Risk Factors Symposium I Advances in lipid lowering therapies Air pollutant as new cardiovascular risk</p>	<p>公眾心臟健康講座及工作坊 Heart Health Program for Public</p>
Lunch	<p>Singapore Heart Foundation @ APCCRC CVD prevention strategies from Singapore Streamlining Cardiac Rehabilitation: NHCS Experience Exhibition / e-Poster Presentation</p>	<p>Press Conference</p>
PM	<p>Symposium 7 Cardiac Rehabilitation Symposium Applications of cardiopulmonary exercise testing in cardiology practice: from heart failure to sports performance Strength training: is it better for heart failure rehabilitation AI in Cardiac Rehabilitation</p> <p>Symposium 8 Cardiovascular Risk Factors Symposium II Role of epicardial fat in cardiovascular diseases Clopidogrel vs Aspirin for secondary prevention according to clinical, ischemic and bleeding risk</p> <p>Closing Remarks</p>	<p>District Health Centre & Express Forum</p>

**The programme is subject to change without prior notice.*

List of Faculty

International Faculty

Keynote Speakers

Prof. Dominique Hansen

European Association of Preventive Cardiology (United Kingdom)

Dr. Eugene Yang

Prevention of Cardiovascular Diseases Section, American College of Cardiology (United States)

Representative from Japanese Association of Cardiac Rehabilitation

Dr. Toshiki Kaihara

St. Marianna University School of Medicine (Japan)

Dr. Takashi Yokota

Hokkaido University Hospital (Japan)

Representative from Singapore Heart Foundation

Dr. Swee Yaw Tan

National Heart Centre (Singapore)

Dr. Tee Joo Yeo

National University Heart Centre Singapore (Singapore)

Dr. Ssu-Yuan Chen

Fu Jen Catholic University Hospital (Chinese Taipei)

Dr. Aashish Contractor

Sir H. N. Reliance Foundation Hospital (India)

Dr. Lucky R Cuenza

Cardinal Santos Medical Center (Philippines)

Dr. Visal Kantaratanakul

Samitivej Srinakarin Hospital (Thailand)

Dr. Mazlifah Omar

Universiti Teknologi Mara Sg. Buloh (City) (Malaysia)

Dr. Kyung Woo Park

Seoul National University (South Korea)

Dr. Abdul Halim Raynaldo

University of Sumatera Utara (Indonesia)

Dr. Mohamad Yatim Saari

Hospital Serdang (Malaysia)

Local Faculty (Hong Kong, China)

Dr. Carmen Wing-Sze Chan

D. Ngai-Yin Chan

Dr. Ronnie Hiu-Lam Chan

Dr. Yuet-Wong Cheng

Dr. Adrian Piers Yan-Yue Cheong

Dr. Shing Ching

Ms. Sin-Hing Chiu

Dr. Man-Chun Choi

Dr. Eddie Siu-Lun Chow

Dr. Man Chung

Dr. Raymond Chi-Yan Fung

Dr. Kevin Ka-Ho Kam

Dr. Iris Wing-Shan Kwan

Dr. Jonathan Tsun-Kwong Lai

Prof. Chu-Pak Lau

Dr. Andrew Ying-Wah Li

Prof. Leonard Sheung-Wai Li

Ms. Yuk-Mun Ng

Dr. Catherine Pui-Gi Shea

Mr. Kanden Kam-Chiu Tam

Dr. Sunny Chun-Fung Tsang

Dr. Yukie Pui-Man Tse

Prof. Kai-Hang Yiu

The list is arranged in surname alphabetical order and updated as of 10 July 2024.

The list is subject to change without prior notice.

Supporting Organizations



Asian Pacific Society of Cardiology



中西區
地區康健站
Central & Western
DHC Express



康復機構
The Hong Kong Centre
for Rehabilitation



衛生署
Department of Health



東區地區康健站
Eastern DHC Express



康復機構
The Hong Kong Centre
for Rehabilitation



香港心臟護士專科學院有限公司
Hong Kong College of Cardiac
Nursing Ltd.



香港心臟護理學會有限公司
Hong Kong Cardiac Nursing Association Ltd.



HKDA
香港營養師協會
HONG KONG DIETITIANS ASSOCIATION



HONG KONG
DOCTORS UNION
香港西醫工會



Hong Kong Heart Foundation Limited



香港醫學會
The Hong Kong
Medical Association



HONG
KONG
NUTRITION
ASSOCIATION LTD.
香港營養學會有限公司



Hong Kong
Occupational Therapy Association



Hong Kong Physiotherapy Association



中國香港殘疾人康復會
CHINA HONG KONG
REHABILITATION COMMITTEE



香港復康會
The Hong Kong Society
for Rehabilitation



香港大學行為健康研究中心
Centre on Behavioral Health, HKU



International Council of
Cardiovascular Prevention
and Rehabilitation (ICCPH)



JACR
The Accreditation
Council for
Rehabilitation



THE SOCIETY OF
HOSPITAL PHARMACISTS OF
HONG KONG



葵青地區康健中心
Kwai Tsing District Health Centre



康復機構
The Hong Kong Centre
for Rehabilitation



PMH
The Hong Kong Police
Mental Health Unit



Singapore
Heart
Foundation
Your Heart. We care.



The Society of
Hospital Pharmacists of Hong Kong



荃灣地區康健中心
Tsuen Wan District Health Centre



香港中文大學
醫務中心
Queen Elizabeth Hospital



東華東院
Tung Wah Eastern Hospital



醫院管理局
HOSPITAL
AUTHORITY



基督教聯合醫院
UNITED CHRISTIAN HOSPITAL

The list is updated as of 25 June 2024.

Conference Information

Accreditation (CME/CNE/CPD)

Accreditation will be applied and announced on the Conference website.

Certificate of Attendance

A Certificate of Attendance will be issued to all participants by email after the Conference.

Official Language

The official language of the Conference is English.

Contact Us

APCCRC 2024 Conference Secretariat

c/o International Conference Consultants Ltd

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